

Western Elms Newsletter July 2018

Hello Summer...



NEW WEBSITE!!!

Have you seen our new interactive website? You can now do all of the following things and much more!

- Ask a doctor a question
- Register for online services
- Change of personal details
- Ask reception a question
- Request medication

VISIT WWW.WESTERNELMS.COM TO FIND OUT MORE!

COMINGS AND GOINGS...

We are extremely sad to say goodbye to Dr Webb this month who left us as of the beginning of July. We are sure she will be missed greatly by both patients and the staff here.

This month we welcome a new Practice Nurse Emma and receptionist Sarah. We are delighted to welcome them to the team!

NHS 70 TEA PARTY!

WESTERN ELMS PATIENT PARTICIPATION GROUP INVITE YOU TO AFTERNOON TEA TO CELEBRATE 70 YEARS OF THE NHS!

AT ARGYLE COMMUNITY CHURCH WEDNESDAY 25TH JULY 1.30PM

A celebration for 70 years of the NHS—Enjoy a bite to eat and drink, whilst listening to talks from retired Partners of Western Elms of their experiences of working for the NHS. Alongside a talk from a members of Oddfellows regarding what it was like before the NHS.

If you are interested in attending please let reception know or email us at we.patientgroup@nhs.net

NEWSLETTERS

Do you keep up with our monthly newsletters? If you would like one electronically please email us on we.patientgroup@nhs.net we can then add you to our virtual group and you will be sent one each month to your email along with a set of the PPG meeting minutes.

ONLINE SERVICES

We are rated by NHS England as to our usage of online services. Therefore we will be promoting that everybody needs to change from Vision Online and re-register with Patient Services as of 8th May, this is also due to the change in our clinical system as of May. Please ask reception for a registration form...



BUILDING WORKS—IT'S STARTED!

As you may have seen, the building works have now started, builders have taken over the patient car park and we are down to half a building...

Over the past 2 years our patient list size has grown by 2000 patients meaning our GPs have list sizes of 2500 patients. By building an extension and expanding the surgery we will gain a further 5 consulting rooms and training room. This means we will be able to employ more GPs so your registered GPs list size will decrease providing you with continuity of care. This is something we pride ourselves on at Western Elms as when registering at most surgeries they register you to the surgery and not to a GP. If we do not get the extension the GPs lists will continue to grow to who knows where... We are doing this for everyone's benefit but please do bear with us as this means whilst the building works are happening we will only have half a building to operate in. We will only have 8 consulting rooms to use 5 will be used by GPs and 3 used by Nurses.

We will be open Saturdays 08:30-16:30 for our prebookable appointments. The patient car park will not be in use during this time as it will be used by heavy goods vehicles. We appreciate this limits parking options, we suggest to plan ahead and where possible use public transport. Whilst we appreciate this may be frustrating, please remember our receptionists did not decide to do this. As a team we are all contributing and working together to provide the same level of care to our patients. If you have any concerns please ask to speak to a Duty Manager.

STAY SAFE IN THE SUN...

Sunburn increases your risk of skin cancer. Sunburn doesn't just happen on holiday – you can burn in the UK, even when it's cloudy.

Sun Safety Tips

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October. Make sure you:

- spend time in the shade between 11am and 3pm
- make sure you never burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 15 sunscreen



Don't rely on sunscreen alone to protect yourself from the sun. Wear suitable clothing and spend time in the shade when the sun's at its hottest.

When buying sunscreen, the label should have:

- a sun protection factor (SPF) of at least 15 to protect against UVB
- at least four-star UVA protection